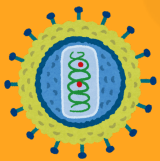


How to Prevent Advanced **HIV** Disease (AHD)



What is the best way to prevent AHD?

Everyone should start ART when they are diagnosed with HIV, regardless of their CD4 count.



What test can be used to identify AHD?

The surest way of identifying people with AHD is by conducting a CD4 test as some people may remain without symptoms for some time even after their immunity is low. This test can be used during screening for AHD among PLHIV and can show the results at the facility on the same day (for CLHIV under 5 years of age, a CD4 count is not needed to identify AHD).



What if your CD4 count is already low?

Starting ART right away gives you the best chance of getting better and avoiding illnesses even with a very low CD4 count. People with AHD need a special package of care, including counselling, ART, and medicines to prevent or treat other infections.

For more information, talk to your healthcare provider.

<https://www.thriveinfo.org>

<https://www.afrocab.org>

Through the generous support of Unitaid, the Clinton Health Access Initiative (CHAI)-led THRIVE Project is enabling access to critical prevention, screening, and treatment commodities for advanced HIV disease to dramatically reduce mortality among adults and children living with HIV. In partnership with CHAI through this project, AFROCB is leading community and civil society engagement in collaboration with global and local stakeholders.

All views expressed within these materials are AFROCB's own.